

THE URBAN LEGEND WITH SO MUCH POTENTIAL

Inspired by Netania H. Walker

I just learned I'm underachieving
And have been doing so for years
There are those who will refute this claim
And others who call it the "10% of brain myth"

I must admit it gave me pause
As I listened to the explanation
Could it be true that reaching my full potential
Is as simple as a mathematical equation?

My words may seem to be a slippery slope
But I have to write what's in my heart
Neurological studies may disprove my beliefs
And refer to them as being laughably false

Yet and still, I will take steps
Each and every day that I live
To use the 90 percent and experience life
In spite of the "10% of brain myth"

I will start each day with gratitude
And employ the law of attraction
I will be positive, confident, and determined
I will not engage in negative transactions

My mind will remain focused
I will envision constant success
We have one life to live
Why settle for anything less than the best?

I will speak my visions into existence
Be willing to share with those willing to hear
I am destined to be victorious
Why should I doubt, worry, or fear?

I will journal my affirmations
Write them down each and every day
Expand the scope of being grateful
Then dance, dance, dance the night away

The 'urban legend' of 10 percent
Was created just for me
It has become a source of motivation
WATCH OUT!!!
As a man thinketh, so is he!

