

You Snooze, You Lose

Do you wake up each morning
To the sound of an alarm?
Do you take the time to press snooze
Thinking it will do you no harm?

Your goals for today promptly forgotten
As your body craves more sleep
You decide to play "catch up" later
And declare
"My choices are ultimately up to me."

My contact with reality blurred
Falling in and out of sleep
I'm feeling pretty good
Lying here as solitude pursues me

Then 5 to 30 minutes later I say,
"What in the world was I thinking?"
I could've done X, Y, and Z
Instead of randomly daydreaming

I've traded precious time
In exchange for rest and relaxation
Knowing the choice I just made
Ignores commitments and obligations

My excuses seem feeble
Another's disbelief is my truth
Looking me straight in the eye
Reeling from my refusal to move

This decision isn't foreign to me
I've made it many times before
But then it finally hit me
It was costing me so much more

On average...
We spend 1/3 of our lives sleeping
32 hours per month surfing the net
3 hours a day watching TV
5 years waiting on This or That

If you want to give simply the best
In everything you think, say, and do
You must get up and start your day
First, by refusing to press snooze

"You have not because you ask not."
Doubting is a lack of faith
Think those things as though they were
Now, watch God pave the way

Give thanks for the brand-new day
That you've been blessed to receive
Ditch all the negative self-thought
Put it into practice and believe

We are HIS masterpiece
NOW is the right time
Move and shake your way
All that's HIS is thine

The sky is the limit
How far will you go?
Don't give up when times get hard
Remember, HE is in control

All it takes is one prayer
To change everything
Stop pressing snooze
On your hopes and dreams

Get ready, get ready, get ready
The choice is up to you
Get up and get moving
Remember...
"You snooze, you lose."

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September 17, 2018



James 4:13 – 15 Now listen, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money." Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. Instead, you ought to say, "If it is the Lord's will, we will live and do this or that."