

# You Snooze, You Lose

Do you wake up each morning  
To the sound of an alarm?  
Do you take the time to press snooze  
Thinking it will do you no harm?

Your goals for today promptly forgotten  
As your body craves more sleep  
You decide to play "catch up" later  
And declare  
"My choices are ultimately up to me."

My contact with reality blurred  
Falling in and out of sleep  
I'm feeling pretty good  
Lying here as solitude pursues me

Then 5 to 30 minutes later I say,  
"What in the world was I thinking?"  
I could've done X, Y, and Z  
Instead of randomly daydreaming

I've traded precious time  
In exchange for rest and relaxation  
Knowing the choice I just made  
Ignores commitments and obligations

My excuses seem feeble  
Another's disbelief is my truth  
Looking me straight in the eye  
Reeling from my refusal to move

This decision isn't foreign to me  
I've made it many times before  
But then it finally hit me  
It was costing me so much more

On average...  
We spend 1/3 of our lives sleeping  
32 hours per month surfing the net  
3 hours a day watching TV  
5 years waiting on This or That

If you want to give simply the best  
In everything you think, say, and do  
You must get up and start your day  
First, by refusing to press snooze

"You have not because you ask not."  
Doubting is a lack of faith  
Think those things as though they were  
Now, watch God pave the way

Give thanks for the brand-new day  
That you've been blessed to receive  
Ditch all the negative self-thought  
Put it into practice and believe

We are HIS masterpiece  
NOW is the right time  
Move and shake your way  
All that's HIS is thine

The sky is the limit  
How far will you go?  
Don't give up when times get hard  
Remember, HE is in control

All it takes is one prayer  
To change everything  
Stop pressing snooze  
On your hopes and dreams

Get ready, get ready, get ready  
The choice is up to you  
Get up and get moving  
Remember...  
"You snooze, you lose."

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James 4:13 – 15 Now listen, you who say, "Today or tomorrow we will go to this or that city, spend a year there, carry on business and make money." Why, you do not even know what will happen tomorrow. What is your life? You are a mist that appears for a little while and then vanishes. Instead, you ought to say, "If it is the Lord's will, we will live and do this or that."